



# DECEMBER 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 T/J: Therapeutic Journaling P/S: Peer Support P/E: Psychoeducational T/A: Therapeutic Art S/S: Social Skills	2 11- P/E: Coping w/ Holiday Stress 1:30- P/S Finding Your Higher Power	3 11- T/J: Monthly Happiness Audit 1:30- P/S: Peer Support	4 11-P/E: Mending Relationships 1:30-S/S: BINGO	5 11- R/S+ ADL: Store & Library 1:30-T/A: Snow globe Affirmations	6 11- P/E: Inna 1:30- R/A: Music	7
8 C/S: Community Skills R/S: Resource Skills ADL: Adult Daily Living Skills R/A: Relaxation Activity S/G: Skills Group	9 11- ADL+C/S: Dollar Tree 1:30- P/S Finding Your Higher Power	10 11- S/S: Bowling 1:30 ADL- Cooking with AI	11 11- T/A: Making Ornaments 1:30 P/E: Holiday Blues	12 11- C/S + ADL: Walmart 1:30-T/A: Empathy Stockings	13 11- P/E: Inna 1:30- R/A: Music	14
15	16 11-C/S: Hotel Roanoke 1:30- P/S Finding Your Higher Power	17 11- R/S+ ADL: Store & Library 1:30 T/A: Making Christmas Cards	18 11- ADL: Cookie Decorating 1:30-S/S: Christmas Pictionary	19 <b>HOLIDAY PARTY!</b>	20 11- P/E: Inna 1:30- R/A: Music	21
22	23 11- R/A: Holiday Traditions 1:30-S/S: Hot Cocoa Party	24 <b>PSR CLOSED</b>	25 <b>PSR CLOSED</b>	26 11- T/A: Thank-you notes 1:30-R/A: Music	27 <b>PSR CLOSED</b>	28 DAILY SCHEDULE 9- CENTERS 10-MORNING MEETING
29	30 11- T/J: Best Month Ever 1:30- P/S Finding Your Higher Power	31 11-T/J: 2025 Goals 1:30- S/S: NYE Party	1	2	3	4 11- 1ST GROUP 12- LUNCH 1- ADL 1:30: 2ND GROUP 2- END OF DAY

Holidays and Observances: 24: Christmas Eve, 25: Christmas Day, 31: New Year's Eve